



# Learn To Swim - Fall/Winter 2019



Starts Tuesday, September 3rd

Monday				
Lane 1	Lane2	Lane 3	Lane 4/5	Swim Team Trak
3:30	3:30	3:30		3:45-4:55pm
4:15	4:15	4:15		
5:00	5:00	5:00	5:00	
5:45	5:45	5:45	5:45	
xx- Y 3's	6:30	6:30	6:30	
7:10pm-baby				

Tuesday				
Lane 1	Lane2	Lane 3	Lane 4/5	Swim Team Trak
3:30	3:30	3:30	3:30	
4:15	4:15	4:15	4:15	
5:00	5:00	5:00		5:15--6:25pm
5:45	5:45	5:45		
xx- Y 3's	6:30	x Older St	6:30	
7:10pm - Baby				

Wednesday				
Lane 1	Lane2	Lane 3	Lane 4/5	
8:30 Y3				
9:10 baby				
9:45				
10:30				
11:40am				
3:30	3:30	3:30		3:30
4:15	4:15	4:15		4:15
5:00	5:00	5:00		5:00
5:45	5:45	5:45		5:45
6:30	6:30	x Older St		6:30
NBSP - tbd				

Thursday				
Lane 1	Lane2	Lane 3	Lane 4/5	Swim Team Trak
3:30	3:30	x Older St	3:30	
4:15	4:15	4:15		4:30-5:40
5:00	5:00	5:00		
5:45	5:45	5:45	5:45	
6:30	6:30	6:30	6:30	
7:10pm - Baby				

Friday				
3:30pm	4:15pm	5:00pm	5:45pm	6:30-7pm
Lane 1-Lane 2/3	Lane 1-Lane 2/3	Lane 1-Lane 2/3	Lane 1-Lane 2/3	NBSP - tbd
We only offer Lane 1, and a Lane 2/3 combo class only				

Specialty Programs		
Baby n' Me	Older Starters - OS	Swim Team Track (STT)
Monday 7:10pm, Tuesday 7:10pm, Wed 9:10am, Thursday 7:10pm	Tues/Wed @ 6:30 & Th 3:30	Attend 1-2x per week, advance to BNSC (Team)
Young 3's - from RKSA Baby Only	Nervous Beginners - NBSP	Family Swim
Monday/Tuesday 6:30pm & Wednesday 8:30am	Check Availability/Schedule	Check website for dates

[www.robknightswimamerica.com](http://www.robknightswimamerica.com) Email us: [swim@rksa.comcastbiz.net](mailto:swim@rksa.comcastbiz.net)